Through the Eyes of a Child and Their Family

May 6, 2016
John G. Rangos Sr. Research Center at Children’s Hospital of Pittsburgh of UPMC
4401 Penn Avenue • Pittsburgh, PA 15224
Nursing Colleagues —

WELCOME TO THE 2016 PEDIATRIC NURSING CONFERENCE, “Through the Eyes of a Child and Their Family” at Children’s Hospital of Pittsburgh of UPMC. We are delighted to be hosting this continuing education opportunity to share best practices and network with colleagues from across the country.

As the healthcare landscape continues to undergo significant change, pediatric nurses are positioned to lead initiatives that directly affect patient outcomes. Healthcare providers are constantly being challenged to implement best practices to deliver the highest quality of patient care while assuring the best patient/family experience in the most cost-effective manner. This conference serves as an avenue that allows pediatric nurses to share creative initiatives and collaborations, which I am confident will help lead to improvements in both patient outcomes and experience.

I again welcome you and hope you enjoy the conference!

Sincerely,

Diane S. Hupp, DNP, RN, NEA-BC
Vice President, Patient Care Services, and Chief Nursing Officer
Children’s Hospital of Pittsburgh of UPMC
CONFERENCE OBJECTIVES

Upon completion of the conference, the participant will:

- Improve the patient and family experience through best practice implementation
- Understand perspectives of the patient/family and applying that knowledge to daily practice
- Share innovative advances in pediatric nursing care

CONFERENCE FACULTY

Heather Ambrose, DNP, RN, CPON, CPN
Joann Bagay, MSN, RN, CPN
Amy Bridgman, MSN, RN-BC, CPN
Marnie Burkett, DNP, RN, CCRN
Pam DeGeorge, MSN, RN-BC, ONC
Christine Ellgass, BS
Breanne Gray, MSN, RN, CCRN
Sheila Hahner, MSN, RN, CPN
Crystal Hatfield, MSN, RN, CPN
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Melinda Lenhart, BSN, RN, CPHON
Cassandra Rennick, MSN, MBA, RN, CPEN
Katie Scalise, MSN, RN, CCRN
Richard D. Skweres, RN, BSN, CCRN, CFRN, PHRN
Tawana Smith, MSN, RN
Donna Weyant, MSN, RN, CPN
CONTINUING EDUCATION CREDITS

UPMC Provider Unit is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. To receive 6.5 Contact Hours, the learner must attend the entire activity, view a minimum of 3 posters, and complete the activity evaluation within 2 weeks of the event.

Contact Hours (Process)
In order to receive contact hours at the Pediatric Nursing Conference, participants must observe the following:

- Sign in at the registration table
- Attendance at the entire sessions
- Viewing of at least 3 poster presentations
- Complete the online survey by the link provided within 2 weeks of the conference [https://www.surveymonkey.com/r/CHP562016](https://www.surveymonkey.com/r/CHP562016)
- Participants must enter their name and a valid email on the survey
- Partial credit will not be awarded to those who cannot attend the entire activity.

Conflicts of Interest
One potential conflict for Dr. Molly Delaney. The conflict has been resolved and full disclosure will be made prior to presentation.

Non-Commercial Support Disclosure
This CE activity is underwritten by non-industry support from:

- Carlow University
- Chamberlain College of Nursing
- Chatham University
- Community College of Beaver County
- eKids Care
- Interim Healthcare
- LaRoche College
- Ohio University
- Pediatric Specialty Care
- Southwest PA Nurses for Kids, a chapter of Society of Pediatric Nurses
- TEIS Incorporated
- University of Pittsburgh School of Nursing

Approval of this continuing nursing education activity refers to recognition of the educational activity and does not imply ANCC Commission on approval or endorsement of any product.

Off label Discussion
No discussion of unlabeled uses will be included in speaker or poster presentations.
Tiffany Christensen approaches her work from the perspective of a life-long patient and a professional patient advocate. Tiffany is a TeamSTEPPS Master Trainer, a Respecting Choices Advance Care Planning Instructor, an APPEAL certificate recipient, and the author of three books exploring advocacy, end of life planning and partnership strategies in healthcare. Tiffany is a Beryl Institute board member and Faculty for IHI.

Tiffany served as a patient advocate at Duke Hospital working primarily in the area of Oncology. During that time, she also worked as the Program Coordinator for Duke Medicine’s Patient Advisory Council Expansion Program.

Currently, Tiffany is the Performance Improvement Specialist at the NC Quality Center working on operationalizing Patient and Family Engagement best practices across North Carolina. Nationally, Tiffany works with organizations on starting or improving their Patient and Family Advisory Council Programs.
CONFERENCE AGENDA

7:30am - 8:00am  
Registration / Breakfast

8:00am - 8:15am  
Welcome  
Diane Hupp, DNP, RN, NEA-BC - Vice President and Chief Nurse Officer  
Heather Ambrose, DNP, RN, CPN, CPON - Director of Nursing

8:15am – 10:00am  
Keynote Speaker  
Tiffany Christenson, BFA  
Author, National Speaker

10:00am – 10:30am  
Poster Session/ Break

10:30am - 11:30pm  
**CASE STUDY**  
*Caring for the Patient and Family during Trauma*  
Robert Hrabar EMT-P  
Melanie Jung, MSN, CRNP  
Jamie Zaremski MSW, LSW  
Stephanie Iverson  
Children’s Hospital of Pittsburgh of UPMC  
This presentation will provide an overview of a case study involving a young adult with gunshot wound. The panel will explore aspects of clinical care from pre-hospital to rehabilitation and include the social impact of the family during a traumatic event.

11:30pm - 12:30pm  
Lunch

12:30pm - 1:00pm  
**Camp INSPIRE: Trach/ Vent Camp**  
Sandra Kitcho, BSN, RN, CCRN  
Jerome Spinnato, MHA, RN, RRT-NPS, PHRN, CCRN, C-NPT  
Children’s Hospital of Pittsburgh of UPMC  
Camp INSPIRE is a weeklong summer camp for children with chronic health conditions, with and without tracheotomies that may require assisted respiratory support such as home ventilation, Bipap, and CPAP. During the week of camp the children can enjoy zip lining, golfing, swimming, as well as archery. Camp INSPIRE provides opportunities for socialization and autonomy.
1:00pm - 1:30pm

**General Session**

*KICK THE BUCKET: Reduce HAI Exposure with Easier Bedside Toileting*

Molly Delaney, PhD, MSN, MBA, RN, CEN, CPEN

University of Minnesota Medical Center

TJC mandates a call to action for item 7 in the 2015 National Patient Safety Goals. The U of MN Medical Center ED would like to share the successful metrics & how they got there.

1:30pm – 2:30pm

**Breakout Session 1A**

*Improvement of Family and Patient Specific Behavioral Needs in the Emergency Setting: Behavioral Needs Education and Intervention*

Nicole Brynes, BSN, RN, CPEN, DNP-c

Children’s Hospital of Pittsburgh of UPMC

The purpose of this project is to educate emergency department (ED) staff on management of children with special health care needs (CSHCN) and offer these professionals simple, concrete steps to maximize success of, satisfaction with, and timeliness of medical and behavioral care in the ED setting.

*Hemodynamic Instability and Turning in the PICU*

Angela Jarden, BSN, RN

Megan Mang, MSN, RN

Rachel Eisenmann, BSN, RN

Cleveland Clinic

It was found in the PICU that there was not a clear definition of hemodynamic instability and what patient's should and should not be turned. The Unit Council after doing research came up with a definition of hemodynamic instability and how to turn our sicker patients in the unit. This presentation will describe how to assess what patients are hemodynamically unstable to turn.

1:30pm – 2:30pm

**Breakout Session 1B**

*Comfort Champions*

Stephanie Colaberardino, BS, CCLS, CIMI

Cassandra Rennick, MSN, MBA, RN, CPEN

Colleen O’Connor, MS, CCLS II

Maren Lunoe, MD, MS

Children’s Hospital of Pittsburgh of UPMC

The purpose of this project is to educate emergency department (ED) staff on management of children with special health care needs (CSHCN) and offer these professionals simple, concrete steps to maximize success of, satisfaction with, and timeliness of medical and behavioral care in the ED setting.
Music Therapy in Medical Multidisciplinary Treatment
Kory Antonacci, M.S.Ed., MT-BC
Nicole Steele, MT-BC
Children’s Hospital of Pittsburgh of UPMC
Presenters will explain a variety of ways in which music therapy services can be utilized to enhance medical services provided by nursing and other medical staff and how to provide patients social, emotional, and spiritual support through creative and expressive art therapies.

2:30pm - 2:45pm  Break

2:45pm – 3:45pm  Use of J-Tip Needles for IV Insertion to Decrease Pain for Patients Undergoing Painful Procedures
Maria Haubrich, BSN, RN
Christina Russell, BSN, RN, HTCP
Dupont Hospital for Children
Inadequate pain management during painful procedures not only adversely affects clinical outcomes at the time, but also has a lasting impact on a child's sensitivity and reaction to future painful events. In the Day Ambulatory area, multiple tests may require a needle stick for blood work or IV insertion. This presentation will review the use of comfort measures to improve the patient experience in the area of pain management.

Bridging the Gap to Promote Quality Care: Transitioning Patients to Home from a Pediatric Rehabilitation Setting
Marcie Tharp, MSN, RN, CCRN
Children’s Hospital of Pittsburgh of UPMC
This is a review of the complex nature of discharging patients from an in-patient rehabilitation unit. A multidisciplinary group of MD, PA, PT, OT, SLP, RN and RT work to streamline discharge education and give families increased confidence to care for the child after leaving the rehabilitation unit.

2:45pm – 3:45pm  Spiritual Support in the NICU: The Prayer Ribbon Tree Project
Mary Jo MacPherson, BSN, RN
Children’s Hospital of Pittsburgh of UPMC
A study published by the JCAHO and authored by three Press Ganey analysts, suggests that the most reliable predictor of a high ranking for Overall Patient Satisfaction is a positive response to questions about the degree to which hospital staff have met patients’ spiritual and emotional needs. A project was proposed for the NICU that utilizes a Prayer Tree, ribbons, prayer cards, and a digital eFrame as tools for increasing spiritual and emotional support for NICU parents, grandparents, siblings, and staff.
MRI Simulation and its Impact on Pediatric Sedation Patients
Diane Cancilla, MSN, RN
Children’s Hospital of Pittsburgh of UPMC
This podium session will explain the purpose of MRI Simulation practices and its use to decrease the amount of sedation needed for MRI pediatric patients.

3:45pm – 4:00pm

Closing remarks and awards
1. **The Feasibility and Impact of Incorporating a Brief Health Literacy Assessment Tool into a Pediatric Admission Database**
   Tina Antill-Keener, PhD, MSN, MBA, RN, CRNP
   West Virginia University School of Nursing

2. **Fitting a Square Peg in a Round Hole**
   Tammy Bower, MS, RN, CPN
   Towson University

3. **Mother-Daughter Team Approach for Starting Preconception Counseling at Puberty in Girls with Diabetes: Implications for Dyadic Analyses and Clinical Practice**
   Denise Charron-Prochownik, PhD, RN, CPNP, FAAN
   University of Pittsburgh

4. **Closed Flushing System Utilized on a Pediatric Hematology/ Oncology/ Bone Marrow Transplant Unit**
   Tonya Evangelista, MSN, RN, CPHON, CPN
   Melinda Lenhart, BSN, RN, CPHON
   Children’s Hospital of Pittsburgh of UPMC
   Ann Spence, DNP, RN
   Carlow University

5. **Connecting the Dots: Interprofessional Collaborative Practice; Patient Family Satisfaction Scores; and Implications for Practice**
   Heather Ambrose, DNP, RN, CPON, CPN
   Donna Weyant, MSN, RN, CPN
   Children’s Hospital of Pittsburgh of UPMC
   Mary Dee Fisher, DNP, RN, CPN
   Susan Sterrett, EdD, MSN, MBA
   Chatham University

6. **Raising the Bar on Medication Safety**
   Samantha Formica, BSN, RN, CPN
   Akron Children’s Hospital

7. **Improving Emergency Department Orientation: Moving Towards Independence**
   Joann Jackson, BSN, RN
   Children’s Hospital of Pittsburgh of UPMC

8. **Anaphylaxis and Epinephrine Auto-Injectors: Patient Education**
   Melissa Malinky, BSN, RN
   Anna Wells, RN
   Nationwide Children’s Hospital

9. **Rounding for Outcomes**
   Carolyn Marriotti, BSN, RN
   Alyssa Lombardo, BSN, RN
   Children’s Hospital of Pittsburgh of UPMC

10. **Implementation of Parent Advocacy Resuscitation Group for Events Involving Resuscitation (PAGER) in the Pediatric Intensive Care Unit**
    Jacqueline Maxson, BSN, RN
    Sandra Kitcho, BSN, RN, CCRN
    Children’s Hospital of Pittsburgh of UPMC

11. **Breastmilk=Medicine**
    Mary Jo MacPherson, BSN, RN
    Children’s Hospital of Pittsburgh of UPMC

12. **Up, Up, and Away in the NICU: Guidelines for Healthcare Workers**
    Teresa Mingrone, MSN, RN, CCRN
    Children’s Hospital of Pittsburgh of UPMC

13. **Can a Structured Post-Operative Handoff Improve Patient Care in the Neonatal Intensive Care Unit?**
    Teresa Mingrone, MSN, RN, CPN
    Children’s Hospital of Pittsburgh of UPMC
POSTER PRESENTATIONS

14. **Psychopharmacology for Children and Adolescents**
   Melissa Sasso, MSN, CRNP, CS
   Pittsburgh Public Schools

15. **Sameday Surgery Peri-Operative Phone Call Improvement Initiative**
    Lorraine Watenpool, RN, CPN
    Children’s Hospital of Pittsburgh of UPMC

16. **Changing our Tylenol Process at the Children’s Hospital North Surgery Center**
    Julie Wietholder, BSN, RN, CPN
    Carrie Miller, RN, CPN
    Children’s Hospital of Pittsburgh of UPMC

17. **Remicade: Education for the Bedside Educator**
    Danielle Harold, BSN, RN, CPN
    Children’s Hospital of Pittsburgh of UPMC

18. **International Collaboration: Establishing Oncology Nursing Education in Colombia**
    Melinda Lenhart, BSN, RN, CPHON
    Paula Eicker, MSN, RN, CPN
    Children’s Hospital of Pittsburgh of UPMC

19. **Mock Code Simulation Across the Curriculum**
    Annette Seelhorst, BSN, RN, CCRN
    Children’s Hospital of Pittsburgh of UPMC

20. **Medication Safety Course: Implementing Low Fidelity Simulation into Nursing Orientation**
    Rebecca Lavezoli, BSN, RN, CCRN
    Children’s Hospital of Pittsburgh of UPMC

Specific Learning objectives for posters are located in the back of the program
Poster Presentation Session

Return ballot to basket located at the registration table to receive your additional raffle ticket.

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<th>Category</th>
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KEYNOTE ADDRESS:

Tiffany Christenson, BFA

Objectives:

- Identify the key issues faced by chronically ill pediatric patients
- Explore partnering strategies with pediatric patients and their families
- Invite professionals to appreciate the work they do and the contribution they make
Objectives:

- Discuss one case study of a gunshot wound victim and the impact on the patient and family
Objectives:

- State the role of camp INSPIRE as it relates to the family experience and effects on the camper, family, and staff
GENERAL SESSION:
KICK THE BUCKET: Reduce HAI Exposure with Easier Bedside Toileting

*Molly Delaney, PhD, MSN, MBA, RN, CEN, CPEN*

Objectives:

- Justify bedside toileting upgrades that reduce the risks of patients cross contamination, HAIs, and employee splash injuries
BREAKOUT SESSION 1A:


Nicole Brynes, BSN, RN, CPEN, DPN-c

Objectives:

• Identify three categories of patients, who might be categorized as children with special health care needs and thus benefit from specialized behavioral interventions in the healthcare setting

Hemodynamic Instability and Turning in the PICU

Angela Jarden, BSN, RN
Megan Mang, MSN, RN
Rachel Eisenmann, BSN, RN

Objectives:

• Describe how to assess which patients are hemodynamically stable to turn
BREAKOUT SESSION 1B:

**Comfort Champions**

*Alanna Kanawalsky, MS, CCLS*

*Stephanie Colaberardino, BS, CCLS, CIMI*

*Colleen O’Connor, MS, CCLS II*

*Maren Lunoe, MD, MS*

Objectives:

- Discuss the patient benefits when a comfort position is utilized

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**Music Therapy in Medical Multidisciplinary Treatment**

*Kory Antonacci, MS Ed, MT-BC*

*Nicole Steele, MT-BC*

Objectives:

- Describe the ways in which music therapy services assist with pediatric procedures
BREAKOUT SESSION 2A:

Use of J-Tip Needles for IV Insertion to Decrease Pain for Patients Undergoing Painful Procedures

Maria Haubrich, BSN, RN
Christina Russell, BSN, RN, HTCP

Objectives:

- Describe which comfort measure is perceived to be the best by the patient and their family

Bridging the Gap to Promote Quality Care: Transitioning Patients to Home from a Pediatric Rehabilitation Setting

Marcie Tharp, MSN, RN, CCRN

Objectives:

- Discuss the discharge process on CHRU
BREAKOUT SESSION 2B:

Spiritual Support in the NICU: The Prayer Ribbon Tree Project

Mary Jo MacPherson, BSN, RN

Objectives:

- Identify five ways to provide spiritual support to families using the prayer tree project components

MRI Simulation and its Impact on Pediatric Sedation Patients

Diane Cancilla, MSN, RN

Objectives:

- Discuss the use of the simulator and its practice with patients and families in MRI
POSTER LEARNING OBJECTIVES AND NOTES

1. The Feasibility and Impact of Incorporating a Brief Health Literacy Assessment Tool into a Pediatric Admission Database
   - Discuss the importance of assessing health literacy of parents of children 15 years and younger and recommend how a health literacy assessment may be implemented into their pediatric practice

2. Fitting a Square Peg in a Round Hole
   - Describe strategies for improving and specializing pediatric care in an institution with limited pediatric resources

3. Mother-Daughter Team Approach for Starting Preconception Counseling at Puberty in Girls with Diabetes: Implications for Dyadic Analyses and Clinical Practice
   - Utilize a mother-daughter team approach to set new standards of practice for self-management

4. Closed Flushing System Utilized on a Pediatric Hematology/Oncology/ Bone Marrow Transplant Unit
   - Summarize the use of a closed flushing system

5. Connecting the Dots: Interprofessional Collaborative Practice; Patient Family Satisfaction Scores; and Implications for Practice
   - Conclude the relevance of sound interprofessional practices
6. **Raising the Bar on Medication Safety**
   - Describe methods used to successfully integrate new technology in an inpatient setting.

7. **Improving Emergency Department Orientation: Moving Towards Independence**
   - Implement an individual needs assessment.

8. **Anaphylaxis and Epinephrine Auto-Injectors: Patient Education**
   - Discuss signs and symptoms, prevention, and treatment of anaphylaxis.

9. **Rounding for Outcomes**
   - Describe a benefit of developmentally supportive positioning.

10. **Implementation of Parent Advocacy Resuscitation Group for Events Involving Resuscitation (PAGER) in the Pediatric Intensive Care Unit**
    - Describe the role of the PAGER nurse as it relates to patient and family-centered care in the pediatric intensive care unit.

11. **Breastmilk=Medicine**
    - Identify 3 key points for designing an educational program for patients & staff based on principles traditionally used in business marketing campaigns.
12. **Up, Up, and Away in the NICU: Guidelines for Healthcare Workers**
   - Discuss the evidence to support a bare arms approach to providing care

13. **Can a Structured Post-Operative Handoff Improve Patient Care in the Neonatal Intensive Care Unit?**
   - Describe the steps in the post-operative handoff process

14. **Psychopharmacology for Children and Adolescents**
   - Describe appropriate intervention for most prevalent mental illness among children and adolescents

15. **Same Day Surgery Peri-Operative Phone Call Improvement Initiative**
   - Discuss the role of the pre-operative Phone call team including what they accomplish each day

16. **Changing our Tylenol Process at the Children’s Hospital North Surgery Center**
   - Describe strategies for medication safety at a satellite surgery center

17. **Remicade: Education for the Bedside Educator**
   - Summarize the project aimed at improving knowledge and comfort for Remicade infusions
18. **International Collaboration: Establishing Oncology Nursing Education in Colombia**
   - Discuss the benefits of collaboration between two healthcare facilities for improved patient are

19. **Mock Code Simulation Across the Curriculum**
   - Demonstrate effective team communication during a code

20. **Medication Safety Course: Implementing Low Fidelity Simulation into Nursing Orientation**
   - Discuss improving patient safety by focusing on details
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Children’s was named to the Leapfrog Group’s 2013 class of Top Hospitals that provide the highest levels of patient safety and quality

Named one of the “Most Beautiful Hospitals” by Soliant Health Care in 2015

Through a strong commitment to finding the best approaches to quality patient care, Children’s Hospital is positioned to support the health and well-being of children now and for generations to come.
Problem
Healthcare is becoming increasingly complex with patients having multiple comorbidities and chronic conditions. The infusion of technology and interprofessional healthcare delivery model has made collaboration more challenging.

Purpose
The purpose of the research study was to gain an understanding of clinicians’ perceptions of the level of collaboration between disciplines on patient care units and to measure correlations between levels of collaboration and patient satisfaction scores.

Literature
• The Institute of Medicine (Greiner & Knebel, 2003), and more recently the World Health Organization (Hopkins, 2010) have called for interprofessional collaboration as an essential component for attainment of high quality, safe, and patient-centered care delivery.
• An increase in family satisfaction and clinician confidence was associated with team communication training (Shaw et al, 2014).

Methodology
• Prospective, descriptive, mixed-method research study in which interprofessional clinicians (individuals who have a direct impact on patient care operations) were surveyed on perceptions of interprofessional collaboration using Interprofessional Practice Assessment (CPAT) tool.
• Intensive Care
• Research facility leadership identified potential benchmark types to include:
  - Medical
  - Medical-surgical
  - Surgical/Perioperative
• Intensive Care
• Research facility leadership identified potential subjects from clustered units to be invited
• Subjects were recruited by email to participate in CPAT survey
• CPAT looked at perceptions in 8 domains:
  - Mission Meaningful Purpose & Goals
  - General Relationships
  - Team Leadership
  - General Role Responsibilities & Autonomy
  - Communication and Information Exchange
  - Community Linkages & Coordination of Care
  - Decision Making and Conflict Management
  - Patient Involvement
• Patient/Family satisfaction scores were retrieved from Press Ganey (a survey to determine parental satisfaction with overall hospital experience) and were retrieved from quarter correlating with the research study. Two questions were chosen for correlation:
  - Staff efforts to include you in decisions about your child’s treatment.
  - How well staff worked together to care for your child.

Results
• A total of 173 subjects participated in the CPAT survey. Overall mean scores for CPAT were 5.51 among all interprofessionalists.
• Patient involvement had the highest mean overall at 6.18
• Press Ganey Scores showed no significant correlation with CPAT scores
• A total of 173 subjects participated in the CPAT survey.
  - Overall mean scores for CPAT were 5.51 among all interprofessionalists.
  - Press Ganey Scores showed no significant correlation with CPAT scores.

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