Plan of Care

1) Diversional Activity Deficit:
   a. Related to Monotonous Environment and Cultural/Language Barrier
   b. As evidence by observation and statement of boredom

2) Plan and Outcome:
   a. Patient will engage in group and individual activity
   b. Patient will verbalize satisfaction

3) Nursing Interventions:
   a. Assess causative factors:
      i. monotony
      ii. diminished socialization
   b. Assist in selection of an activity that is seen as having value and importance:
      i. Decorate patient’s room, involving patient in creating decorations and hanging them in room
      ii. Provide donated home-made pillow case and blanket to create a warm and comfortable environment
   c. Create an activity plan
i. Provide board games and card games

ii. Provide a variety of craft activities- create bracelets, duct tape flowers (several staff offered to assist with these items)

d. Involve patient in her own care:

   i. Provide personal home care supplies-personal care items, nail polish, hair accessories and clothes- (several staff offered to assist with these items)

e. Increase environmental stimulation of sight and sound:

   i. Provide Lap-Top computer for personal use while in the hospital- this will allow patient to view programs in her native language

   ii. Plan for time off the unit- staff will escort patient to the cafeteria at least once a day and allow her to purchase meal- meal tickets will be provided by Dietary Department

   iii. Utilize interpreter phone to maintain open lines of communication with patient